

# SEVEN STEPS TO EARTHQUAKE SAFETY

PREPARE

SURVIVE

RECOVER

1

## SECURE YOUR SPACE

IDENTIFYING HAZARDS & SECURING MOVEABLE ITEMS

<https://www.earthquakecountry.org/step1/>

2

## PLAN TO BE SAFE

CREATE A DISASTER PLAN FOR YOUR FAMILY & DECIDE HOW YOU WILL COMMUNICATE DURING A COMMUNICATION BLACKOUT

<https://www.earthquakecountry.org/step2/>

<https://redfora.com/pages/guides>

Fill out your plan - [click here](#)

3

## ORGANIZE DISASTER SUPPLIES

IN CONVENIENT LOCATIONS FOR HOME/CAR/WORK

<https://www.earthquakecountry.org/step3/>

<https://redfora.com/pages/guides>

4

## MINIMIZE FINANCIAL HARDSHIP

BY ORGANIZING IMPORTANT DOCUMENTS, STRENGTHENING YOUR PROPERTY & CONSIDERING INSURANCE

<https://www.earthquakecountry.org/step4/>

5

## DROP, COVER & HOLD ON!

DROP, COVER & HOLD ON WHEN THE EARTH SHAKES.

<https://www.earthquakecountry.org/step5/>

6

## IMPROVE SAFETY

IMPROVE SAFETY IMMEDIATELY AFTER AN EARTHQUAKE BY EVACUATING IF NECESSARY, HELPING THE INJURED & PREVENTING FURTHER INJURIES OR DAMAGE. ⚠️ USE YOUR RYLAN & CERT TRAINING!

<https://www.earthquakecountry.org/step6/>

<https://youtu.be/TamrRqXK8sk>

7

## RECONNECT & RESTORE

RESTORE DAILY LIFE BY RECONNECTING WITH OTHERS, REPAIRING DAMAGE, & REBUILDING COMMUNITY

<https://www.earthquakecountry.org/step7/>

**MORE RESOURCES & LINKS FOUND AT:**

**MIRACLE MILE**

[www.MiracleMileLA.com](http://www.MiracleMileLA.com)

**SYCAMORE SQUARE**

[www.sycamoresquare.org](http://www.sycamoresquare.org)

**LA BREA HANCOCK**

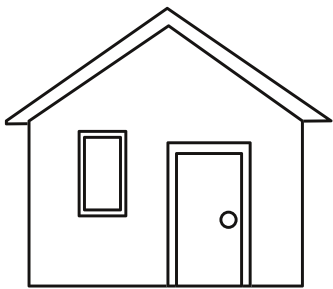
[www.labreahancock.com](http://www.labreahancock.com)

# EARTHQUAKE PREPAREDNESS

YOU WILL SURVIVE....  
YOU JUST NEED TO BE PREPARED



## PREPARE YOUR HOME/CAR/WORK



- ✓ LAFD Emergency Prep Booklet - [click here](#)
- ✓ Earthquake Country Prep Booklet - [click here](#)
- ✓ The Big One: Survival Guide - [click here](#)
- ✓ Pet Prep - [click here](#)
- ✓ Local store for supplies - [click here](#)
- ✓ Online supplies - [click here](#)
- ✓ More supplies - [click here](#)



## PREPARE YOUR BLOCK GET RYLAN TRAINED



AFTER A MAJOR QUAKE YOU WILL RELY UPON YOUR NEIGHBORS FOR SURVIVAL & RECOVERY. 'READY YOUR LOS ANGELES NEIGHBORHOOD'  
<https://emergency.lacity.org/rylan/about>

- ✓ What is RYLAN? - [click here](#)
- ✓ Sign up for your block training - [click here](#) or call 213.484.4800
- ✓ Wait! How do I organize my block and get an email roster started? [Click here](#)



## GET C.E.R.T. TRAINED



GET TRAINED ON BASIC DISASTER RESPONSE SKILLS YOU WILL NEED INCLUDING FIRE SAFETY, SEARCH & RESCUE TO BASIC MEDICAL. "COMMUNITY EMERGENCY RESPONSE TRAINING"  
[www.cert-la.com](http://www.cert-la.com)

- ✓ What is C.E.R.T.? - [click here](#)
- ✓ Sign up for C.E.R.T. classes - [click here](#)



## SIGN UP FOR ALERTS

- ✓ Sign up for SHAKE ALERT LA - [click here](#)
- ✓ Sign up for CITY ALERTS - [click here](#)
- ✓ Sign up for COUNTY ALERTS - [click here](#)



## GET FIRST AID & STOP THE BLEED TRAINING

- ✓ Sign up for courses - [click here](#)

**PREPARE SURVIVE RECOVER**



**MORE RESOURCES & LINKS FOUND AT:**

**MIRACLE MILE**

[www.MiracleMileLA.com](http://www.MiracleMileLA.com)

**SYCAMORE SQUARE**

[www.sycamoresquare.org](http://www.sycamoresquare.org)

**LA BREA HANCOCK**

[www.labreahancock.com](http://www.labreahancock.com)